Qualification Specification

STA Level 3 Award in Adult and Paediatric Basic Life Support including AED

CIMSPA
Endorsed

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This qualification is regulated by Ofqual (England), Qualification Wales (Wales) and CCEA (Northern Ireland)

STA Level 3 Award in Adult and Paediatric Basic Life Support including AED

Qualification Number: 610/5841/5

QW Number: C00/5241/0

Unit Title

This qualification consists of 1 mandatory unit.

Unit Title	Code	Unit Level	GLH
Adult and Paediatric Basic Life Support including Automated External Defibrillation	M / 651 / 6410	3	3.5

GLH = Guided learning hours

Total Qualification Time 4 hours

Qualification Delivery

The recommended contact hours for this qualification is 3.5 hours, which includes teaching and assessing but excludes breaks.

The course may be run over 1 day, but can also be delivered over a maximum of a 2-week period, with the minimum of each training session being 1.5 hours.

The course must be delivered fully face-to-face.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

Introduction

The chain of survival describes a sequence of steps that together maximise the chance of survival following cardiac arrest. Early recognition of a casualty having a cardiac arrest is essential along with calling the emergency medical services.

Cardiopulmonary resuscitation (CPR) must be started as soon as it is established a casualty is not breathing normally. When a defibrillator is used on a casualty within the first 3 – 5 minutes of suffering a cardiac arrest, it may improve the chances of survival by as much as 50 – 70%. The current survival rate of cardiac arrest victims who collapse outside of hospital in the UK is approximately 8%. This can be significantly improved if the chain of survival is implemented, and an AED is used promptly.

STA Award in Adult and Paediatric Basic Life Support including AED qualification provides learners with the knowledge and skills to be able to competently implement the chain of survival.

Qualification Objective

STA Award in Adult and Paediatric Basic Life Support including AED qualification aims to provide learners with the knowledge and practical competences required to be able to deal with an unresponsive adult, child or infant.

Target Learners

STA Award in Adult and Paediatric Basic Life Support including AED is suitable for learners who want to learn how to deal with an unresponsive adult, child or infant, including how to perform CPR and safely use an AED. This may be for specific responsibilities at work or in voluntary and community activities, or for personal interest and development.

Entry Requirements

- Be 14 years of age or older at time of assessment
- Be able to perform practical demonstrations on the floor.

There are no previous qualifications or experience required, however it is advisable that learners have a minimum of level 1 in literacy and numeracy or equivalent.

Qualification Validity Period / Requirements

This qualification is valid for a period of 3 years. Learners need to retake the qualification before the certificate expiry date to remain qualified.

Health and Safety Executive (HSE) strongly recommends that first aiders undertake annual refresher training during any three-year certification period. This will help learners maintain their skills and keep up-to-date with any changes to first aid procedures.

Note: STA provide resources to support first aiders in completing annual refresher training in line with HSE recommendations. For more information, visit www.sta.co.uk

Progression

STA Award in Adult and Paediatric Basic Life Support including AED holders may wish to develop knowledge and skills further by completing additional STA first aid qualifications or CPDs.

Alternatively, learners may wish to complete additional STA qualifications such as manual handling, fire marshal, lifesaving, swimming teaching and pool plant, to support a career in the leisure industry.

Assessment Format

Pass / Fail

Assessment Methods

STA Award in Adult and Paediatric Basic Life Support including AED is tutor assessed through practical demonstrations.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

All learning outcomes and assessment criteria in the unit must be achieved in order for the learner to be deemed competent in order to pass the qualification.

The skills within the course and during the assessments must be performed in line with the most current version of the STA Basic Life Support including AED resource manual.

Tutors should refer to the STA Basic Life Support including AED assessment strategy document for detailed guidance on the assessment process.

Re-assessment

If a learner is unsuccessful in the course assessment, the learner is only required to re-sit the required assessment element, for example, if a learner fails the practical, they are only required to re-sit the practical element.

The re-sit of an assessment must be completed within 6 weeks from the failure date. All re-takes must be registered with Safety Training Awards.

Due to the type of qualification being a license to practice competency-based qualification, we can only permit 1 assessment re-sit. If a learner has been unsuccessful following a re-sit, the learner must undertake another full course of instruction.

Reasonable Adjustments and Special Considerations

Safety Training Awards is committed to ensuring individuals with additional needs, disabilities, temporary illness or injury, or other adverse circumstance outside their control, are not unfairly disadvantaged when undertaking first aid qualifications or assessments. For further information, please refer to the policies section on the Safety Training Awards website: https://www.safetytrainingawards.co.uk/policies/

Recognition of Prior Learning

Recognition of prior learning (RPL) may be applied for depending on a learner's qualification. Should RPL be applied, learners must complete all assessment requirements. For further information, please refer to the policies section on the Safety Training Awards website: https://www.safetytrainingawards.co.uk/policies/

Awarding Organisation Policies

A full list of awarding organisation policies are available on the website: https://www.safetytrainingawards.co.uk

Industry Standards

- Health and Safety (First Aid) Regulations 1981 and The Health and Safety (First-Aid) Regulations (Northern Ireland) 1982
- First aid at work: The Health and Safety (First Aid) Regulations 1981: Guidance on Regulations (L74)
- First Aid Awarding Organisation Forum Delivery Standards and Assessment Principles
- Resuscitation Council (UK) Guidelines.

Tutor / Assessor Requirements

Tutors must have the skills, knowledge, experience and competency to be able to tutor / assess the subject.

Tutors must be approved by Safety Training Awards and provide evidence of:

1. Holding STA Award in First Aid at Work (or acceptable equivalent), or current medical registration as detailed in Appendix 1
2. Holding STA Level 3 Award in Education and Training (or acceptable equivalent as detailed in Appendix 2)
3. Maintaining occupational competency by providing evidence of continuing professional development (CPD).

IQA Requirements

Internal quality assurers (IQAs) must have the skills, knowledge, experience and competency to be able to quality assure the subject.

IQAs must be approved by Safety Training Awards and provide evidence of:

1. Holding STA Award in First Aid at Work (or acceptable equivalent), or current medical registration as detailed in Appendix 1
2. Holding STA Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice (or acceptable equivalent as detailed in Appendix 3), or have completed STA Internal Quality Assurance CPD.

Note: Internal quality assurers cannot quality assure a course for which they were a learner, tutor and / or assessor.

Minimum Course Resource Requirements

- STA Basic Life Support including AED resource manuals – 1 per learner to keep
- Adult resuscitation manikins – minimum 1 : 4 learners
- Child resuscitation manikins – minimum 1 : 4 learners
- Infant resuscitation manikins – minimum 1 : 4 learners
- AED trainer – minimum 1 : 4 learners. Where fewer AED trainers are provided, contact hours should be adjusted accordingly to ensure learners are not disadvantaged
- Sufficient procedures must be in place to ensure hygiene during the use of resuscitation manikins and other training equipment
- Resuscitation pocket masks and face shields
- Disposable gloves
- Sufficient audio-visual (AV) equipment and training aids should be available to facilitate learning using varying teaching methods
- All equipment must be cleaned, serviced and maintained in line with manufacturers instructions and relevant legislation / industry guidance
- The venue must meet acceptable health and safety standards and be conducive to learning, with sufficient size, floor surfaces, seating, writing surfaces, toilet facilities, ventilation, lighting, heating, access, exits, cleanliness, absence of distracting noise.

Appendix 1

Acceptable Evidence of Competency in First Aid

All Tutors, Assessors and Internal Quality Assurers must have occupational knowledge and competence in first aid.

Acceptable evidence includes:
- Holding a current regulated First Aid at Work Certificate (issued by an Ofqual / SQA Accreditation / Qualifications Wales / CCEA Regulation recognised Awarding Organisation / Body (or equivalent)
- Current registration as a Doctor with the General Medical Council (GMC)
- Current registration as a Nurse with the Nursing and Midwifery Council (NMC)
- Current registration as a Paramedic with the Health and Care Professions Council (HCPC).

Appendix 2

Acceptable Tutoring / Assessing Qualifications

Current qualifications (available for new tutors / assessors to undertake):	Tutor	Assess*
Level 3 Award in Education and Training	✓	✓
Level 4 Certificate in Education and Training	✓	✓
Level 5 Diploma in Education and Training	✓	✓
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)	✓	✓
Cert Ed / PGCE / B Ed / M Ed	✓	✓
SVQ 3 Learning and Development SCQF Level 8	✓	✓
SVQ 4 Learning and Development SCQF Level 9	✓	✓
TQFE (Teaching Qualification for Further Education)	✓	✓
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)	✓	✓
SCQF Level 6 Award in Planning and Delivering Learning Sessions to Groups (SQA Accredited)	✓	✓
L&D Unit 6 Manage Learning and Development in Groups SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 7 Facilitate Individual Learning and Development SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)	✓	
Carry Out the Assessment Process SCQF Level 7 (SQA Unit)		✓
Level 3 Award in Assessing Competence in the Work Environment		✓
Level 3 Award in Assessing Vocationally Related Achievement		✓
Level 3 Award in Understanding the Principles and Practices of Assessment		✓
Level 3 Certificate in Assessing Vocational Achievement		✓
L&D Unit 9DI Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)		✓
L&D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)		✓

Other acceptable qualifications:	Tutor	Assess*
CTLLS / DTLLS	✓	✓
PTLLS with unit 'Principles and Practice of Assessment' (12 credits)	✓	✓
Further and Adult Education Teacher's Certificate	✓	✓
IHCD Instructional Methods	✓	✓
IHCD Instructor Certificate	✓	✓
English National Board 998	✓	✓
Nursing mentorship qualifications	✓	✓
NOCN Tutor Assessor Award	✓	✓
S / NVQ level 3 in training and development	✓	
S / NVQ level 4 in training and development	✓	✓
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	✓
PDA Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	
PTLLS (6 credits)	✓	
Regulated Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS 6 Manage Learning and Development in Groups	✓	
Training Group A22, B22, C21, C23, C24	✓	
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)		✓
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence		✓
Conduct the Assessment Process SCQF Level 7 (SQA Unit)		✓
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance		✓
Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement		✓

Appendix 3

Acceptable Internal Quality Assurance Qualifications

L&D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)
Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)
Regulated Qualifications based on the Learning and Development NOS 11 Internally Monitor and Maintain the Quality of Assessment
V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally Verify the Assessment Process
Internally Verify the Assessment Process SCQF Level 8 (SQA Unit)

Unit Specification

Unit 1	Adult and Paediatric Basic Life Support including Automated External Defibrillation
Learning Outcomes:	**Assessment Criteria:**
1. Be able to assess an emergency situation safely	1.1 Conduct a scene survey 1.2 Conduct a casualty assessment on: • An adult • A child • An infant 1.3 Summon appropriate assistance when necessary
2. Be able to provide first aid to an unresponsive casualty who is breathing normally	2.1 Identify when to place a casualty into the recovery position 2.2 Demonstrate how to place: • An adult / child into the recovery position • An infant into the recovery position 2.3 Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position
3. Be able to provide first aid to an unresponsive casualty who is not breathing normally	3.1 Identify when to administer cardiopulmonary resuscitation (CPR) 3.2 Identify considerations when administering CPR and using an automated external defibrillator 3.3 Demonstrate CPR including AED for adult sudden collapse using an adult manikin 3.4 Demonstrate CPR including AED using a child manikin 3.5 Demonstrate CPR including AED using an infant manikin