

STA Level 3 Award in Paediatric First Aid Unit Specification



Emergency Paediatric First Aid

Learning Outcomes	Assessment Criteria	
1. Understand the role and responsibilities of the paediatric first aider	1.1	Identify the role and responsibilities of a paediatric first aider
	1.2	Identify how to minimise the risk of infection to self and others
	1.3	Differentiate between an infant and a child for the purposes of first aid treatment
2. Be able to assess an emergency situation safely	2.1	Conduct a scene survey
	2.2	Conduct a primary survey on an infant and a child
	2.3	Summon appropriate assistance when necessary
3. Be able to provide first aid for an infant and a child who are unresponsive	3.1	Identify when to administer Cardiopulmonary Resuscitation (CPR) to an infant and a child
	3.2	Demonstrate CPR using an infant and a child manikin
	3.3	Justify when to place an infant or a child into the recovery position
	3.4	Demonstrate how to place an infant and a child into the recovery position
	3.5	Demonstrate continual monitoring of breathing for an infant and a child whilst they are in the recovery position
	3.6	Identify how to administer first aid to an infant or a child who is experiencing a seizure

4. Be able to provide first aid for an infant and a child who are choking	4.1	Identify when choking is: <ul style="list-style-type: none"> • Mild • Severe
	4.2	Demonstrate how to administer first aid to an infant and a child who is choking
5. Be able to provide first aid to an infant and a child with external bleeding	5.1	Identify the severity of external bleeding for an infant and a child
	5.2	Demonstrate how to administer first aid to an infant or a child with external bleeding
6. Know how to provide first aid to an infant or a child who is suffering from shock	6.1	Recognise when an infant or a child is suffering from shock
	6.2	Identify how to administer first aid to an infant or a child who is suffering from shock
7. Know how to provide first aid to an infant or a child with bites, stings and minor injuries	7.1	Identify how to administer first aid for: <ul style="list-style-type: none"> • Bites • Stings • Small cuts • Grazes • Bumps and bruises • Small splinters • Nose bleeds

Additional Information

Role and Responsibilities: May include reference to: preventing cross infection; the need for recording incidents and actions; safe use of available equipment; assessing an incident; summoning assistance; prioritising treatment; dealing with post incident stress; contents of a paediatric first aid box

Others: May include: infant or child receiving first aid; work colleagues; parents; carers; other people within the infant or child's environment

Infant and a child: The Learner must apply their skills or knowledge to both infant (baby) and child first aid situations

Infant or a child: The Learner may apply their skills or knowledge to either an infant (baby) or a child first aid situation because the recognition/treatment would be the same

When necessary: Learners should be able to evaluate a situation to determine when to summon further assistance and what type of assistance to request

When to administer Cardio Pulmonary Resuscitation: Must include agonal gasps

CPR: Must demonstrate correct placement of AED pads on a child manikin and identify where to place AED pads on an infant manikin. The learner must also demonstrate 'following AED instructions'

Recovery Position: A position that maintains a stable open draining airway

Administer first aid: Provide appropriate help for an infant (baby) or a child, manage the situation and seek appropriate assistance when necessary

Seizure: Relates to a generalised seizure. First aiders should be suspicious of cardiac arrest in any casualty presenting with seizure

Shock: Hypovolaemic shock (resulting from blood loss)

Bites: Human and animal bites

Stings: Bee and wasp stings

Managing paediatric illness, injuries and emergencies

Learning Outcomes	Assessment Criteria	
1. Be able to provide first aid to an infant or a child with suspected injuries to bones, muscles and joints	1.1	Recognise a suspected: <ul style="list-style-type: none"> • Fracture or dislocation • Sprain or strain
	1.2	Identify how to administer first aid for an infant or a child with a suspected: <ul style="list-style-type: none"> • Fracture or dislocation • Sprain or strain
	1.3	Demonstrate how to apply: <ul style="list-style-type: none"> • A support sling • An elevated sling
2. Be able to provide first aid to an infant or a child with suspected head and spinal injuries	2.1	Recognise a suspected: <ul style="list-style-type: none"> • Head injury • Spinal injury
	2.2	Identify how to administer first aid for an infant or a child with a suspected head injury
	2.3	Demonstrate how to administer first aid for an infant or a child with a suspected spinal injury

3. Know how to provide first aid to an infant or a child with conditions affecting the eyes, ears and nose	3.1	Identify how to administer first aid for an infant or a child with a foreign body in the: <ul style="list-style-type: none"> • Eye • Ear • Nose
	3.2	Identify how to administer first aid for an infant or a child with an eye injury
4. Know how to provide first aid to an infant or a child with an acute medical condition or sudden illness	4.1	Recognise suspected: <ul style="list-style-type: none"> • Diabetic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions
	4.2	Identify how to administer first aid for an infant or a child who is suspected to be suffering from: <ul style="list-style-type: none"> • Diabetic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions
5. Know how to provide first aid to an infant or a child who is experiencing extremes of body temperature	5.1	Recognise when an infant or a child is suffering from: <ul style="list-style-type: none"> • Extreme cold • Extreme heat
	5.2	Identify how to administer first aid for an infant or a child who is suffering from: <ul style="list-style-type: none"> • Extreme cold • Extreme heat
6. Know how to provide first aid to an infant or a child who has sustained an electric shock	6.1	Identify how to safely manage an incident involving electricity
	6.2	Identify how to administer first aid for an infant or a child who has suffered an electric shock
7. Know how to provide first aid to an infant or a child with burns and scalds	7.1	Identify how to recognise the severity of burns and scalds
	7.2	Identify how to administer first aid for an infant or a child with burns and scalds
8. Know how to provide first aid to an infant or a child with suspected poisoning	8.1	Identify how poisonous substances can enter the body
	8.2	Identify how to administer first aid for an infant or a child with suspected sudden poisoning

9. Be able to provide first aid to an infant or a child with anaphylaxis	9.1	Recognise suspected anaphylaxis in an infant or a child
	9.2	Identify how to administer first aid for an infant or a child with suspected anaphylaxis
	9.3	Demonstrate the use of a 'training device' adrenaline auto-injector

Additional Information

Infant or a child: The Learner may apply their skills or knowledge to either an infant (baby) or a child first aid situation because the treatment would be the same

Recognise: To include signs and/or symptoms of the condition and/or where appropriate mechanism of injury

Fracture: Should include possibility of 'green stick' fracture

Administer first aid: Provide appropriate help to a child or infant (baby), manage the situation and seek appropriate assistance when necessary

Head injury: Includes concussion, compression and skull fracture. The Learner is not expected to differentiate between these conditions

Foreign body: Includes dust/sand/a fly etc. on the eye

Diabetic emergency: Should focus on the condition of hypoglycaemia

Asthma attack: Must include assisting a child to use a spacer device and to take their own inhaler

Poisonous substances: May include: plants; fungi; medication; cleaning products; food; airborne pollutants; drugs; alcohol

The use of a 'training device' adrenaline auto-injector: Must be demonstrated using a training device and NOT a live auto-injector