



Qualification Specification

STA Level 2 Award in Aquatic Teaching - People with Disabilities

CIMSPA
ENDORSED



This qualification is regulated by Ofqual (England) and Qualifications Wales

STA Level 2 Award in Aquatic Teaching - People with Disabilities

Qualification Number: 600/8178/8

Credit Value: 6 Credits

Unit Structure

This qualification consists of 2 mandatory units

Unit Title	Code	Credit Value	Unit Level	GLH
Planning, Preparing and Aquatic Teaching People with Disabilities	A/504/6297	3	2	11
People with Disabilities Aquatic Activities	F/504/6298	3	2	13

GLH = Guided learning hours

Total Qualification Time 45 Hours

QW Designation No:

C00/0967/2

Qualification Delivery

Minimum contact hours for this qualification is 24 hours which includes direct teaching and assessing, but excludes breaks.

The course maybe run over 3 days, but can also be delivered over a period of weeks, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

Introduction

People with disabilities swimming teachers are able to seek employment in a wide variety of leisure facilities including private health clubs, school swimming pools through to large local authority leisure centres. As a people with disabilities swimming teacher, you would be responsible for planning, delivering and evaluating a series of progressive and fun swimming lessons teaching learners a range of basic aquatic and safety skills such as floating, rotation, water confidence, swimming strokes. You would be responsible for ensuring the lesson area and appropriate equipment was safe and promoted good teaching and learning.

Qualification Objective

The people with disabilities qualification aims to train learners to teach aquatic activities to individuals and groups with most types of disabilities.

Target Learners

This qualification is for learners who wish to work with learners who have additional needs or a disability in specific disability swimming lessons and help them to develop, both as swimmers and individuals in the aquatic environment. There is no experience of working with children or teaching swimming lessons required, so this qualification could appeal to parents looking for a career that fits in around their childcare commitments, those interested in pursuing a career in the leisure industry, those already employed within a leisure environment who are looking to progress their career or those who are already working as a swimming teacher.

Progression

Experienced swimming teachers may wish to take on a mentoring role within the workplace, become responsible for co-ordinating or managing the learn to swim programme or share their knowledge and experience with the next generation of swimming teachers by becoming an aquatic tutor.

Alternatively learners may wish to move in to teaching beginner learners and baby and pre-school learners.

Industry Standards

STA People with Disabilities Award references the following industry guidance documents:

- PAS81:2011 Specification for the management of a swimming school
 - STA Swimming Teaching Code of Practice.
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Entry Requirements

- Be 18 years of age or older
 - Hold current membership of STA
 - Hold the Safety Award for Teachers or acceptable equivalent
 - Hold the STA Safeguarding Children, Young People and Vulnerable Adults certificate or acceptable equivalent.
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Special Considerations and Reasonable Adjustments Policies

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

Awarding Organisation Policies

A full list of awarding organisation policies are available on the website: <https://www.safetytrainingawards.co.uk>

Any Other Requirements

Qualification certificates will not be issued until all pre-requisites have been supplied. Pre-requisites must be supplied within 12 months of the course end date to gain the qualification.

Assessment Format

Competent / Not competent.

Assessment Methods

- Complete a portfolio and worksheet questions to the satisfaction of the course tutor
 - Undertake at least 30 minutes of poolside teaching during the course
 - As part of an external assessment, teach a 15 minute lesson to 4 learners.
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Tutor / Assessor Requirements

All tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor must be approved by Safety Training Awards and provide evidence of:

1. STA Award in Swimming Teaching - People with Disabilities qualification
 2. Hold or working towards a formal tutoring and assessing qualification
 3. Maintaining their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in disability swimming teaching as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. STA Award in Swimming Teaching - People with Disabilities
2. Attend a STA / IQA training day or hold a recognised internal quality assurance qualification.

Note: IQAs cannot quality assure a course for which they were a learner, the tutor and / or assessor.

Resource Requirements

- STA People with Disabilities Resource manual - A manual is required for learners to have access to theoretical and practical knowledge of the qualification
- A range of suitable swimming teaching equipment:
 - Pull buoys
 - Toys
 - Play rafts
 - Woggles
 - Floats
- In order to fulfil the practical requirements of this qualification, access to an appropriate swimming facility is required on each day of the course. The facility should meet the required temperature and depth requirements for teaching disability learners.

Venue

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract candidates from training
- Electrical items: When projectors and other electrical equipment are used, the equipment must be checked to ensure it is in safe working order. It is important to be aware of trip hazards associated with electric cables in order to reduce such risks.