



**Qualification Specification**

# **STA Level 2 Award in Teaching Swimming**

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## This qualification is regulated by Ofqual (England)

### STA Level 2 Award in Teaching Swimming

Qualification Number: 603/3014/4

#### Unit Structure

This qualification consists of 5 mandatory units

Unit Title	Code	Unit Level	GLH
Safeguarding Children, Young People and Vulnerable Adults	A/615/4669	2	2
Planning, Delivering, Assessing and Evaluating Swimming Lessons	R/616/9114	2	18
Understand a Swimming Teacher's Role	Y/616/9115	2	8
Understanding the Health and Safety Requirements for an Aquatic Environment	H/616/9117	2	5
Understanding the Scientific and Learning Theories Relevant to Swimming Teaching	K/616/9118	2	5

GLH = Guided learning hours

#### Total Qualification Time 68 Hours

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#### Qualification Delivery

The recommended contact hours for this qualification are 38 hours, which includes direct teaching and assessing but excludes breaks.

The course may be run over 5 days, but can also be delivered over a period of weeks, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

## Introduction

Swimming teachers are able to seek employment in a wide variety of leisure facilities including private health clubs and school swimming pools through to large local authority leisure centres. As a swimming teacher, you would be responsible for planning, delivering and evaluating a series of progressive and fun swimming lessons teaching non-swimmer, beginner and improver participants. You will be able to teach a range of aquatic and safety skills such as floating, rotation, water confidence and swimming strokes. You would be responsible for ensuring the lesson area and appropriate equipment is safe and promoted good teaching and learning.

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## Qualification Objective

The STA Level 2 Award in Teaching Swimming aims to produce teachers that can teach up to 12 non-swimmers through to improver participants and deliver the STANley Series of awards up to the Octopus and Goldfish Series of STA's International Learn to Swim Programme.

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## Target Learners

This qualification is for learners who wish to work with children and adults, helping them to develop, both as swimmers and individuals in the aquatic environment. No experience of working with children or teaching swimming lessons is required prior to undertaking this qualification. This qualification could appeal to parents looking for a career that fits in around their childcare commitments and / or those interested in pursuing a career in the leisure industry. It could also appeal to those already employed within a leisure environment who are looking to progress their career or those who are already working as a baby and pre-school swimming teacher who wish to offer lessons to beginner participants alongside their current baby and pre-school classes.

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## Progression

Once qualified learners may wish to develop their knowledge and skills further, by gaining the STA Level 2 Certificate in Teaching Swimming, which enables the learner to teach advanced participants and advanced swimming skills. The STA Certificate in Teaching Swimming meets the CIMSPA employer-led Swimming Teacher Professional Standard. Alternatively, learners may wish to expand their teaching portfolio to teaching those with disabilities and baby and pre-school participants.

Experienced teachers are often employed as mentors for newly qualified swimming teachers, or take on the role of swimming co-ordinators within swim schools.

## Industry Standards

The STA Level 2 Award in Teaching Swimming references the following industry guidance documentation:

- PAS 81:2011 Specification for the management of a swimming school
  - HSG179 Managing Health and Safety in Swimming Pools
  - STA Swimming Teaching Code of Practice.
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## Entry Requirements

- Be 16 years of age
  - Hold current membership of STA.
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## Special Considerations and Reasonable Adjustments Policies

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

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## Awarding Organisation Policies

A full list of awarding organisation policies are available on the website: <https://www.safetytrainingawards.co.uk>

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## Any Other Requirements

Qualification certificates will not be issued until all entry requirements have been supplied.

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## Assessment Format

Competent / Not competent.

## Assessment Methods

The STA Award in Teaching Swimming is tutor assessed through the completion of worksheets, schemes of work, lesson plans, lesson evaluation forms and practical teaching. In addition to this, there is an external assessment of a 30-minute practical lesson on the final day of the course.

On successful completion of the STA Award in Teaching Swimming learners will have completed and been assessed on:

- Developing 2 x ten-week schemes of work, covering delivery too beginners and improvers participants
- Developing 3 x lesson plans, covering non-swimmer, beginner and improver participants
- Completing 3 x lesson evaluation forms
- Delivering 2.5 hours of practical teaching with non-swimmer, beginner and improver participants, 30 minutes of which is externally assessed.

All learning outcomes and assessment criteria in the units must be achieved in order for the learner to be deemed competent and pass the qualification.

Incorrect or insufficient portfolio answers can be corrected or re-submitted in the notes section at the end of the portfolio worksheets. Alternatively, they can be addressed through oral supplementary questioning. All additional questions and responses must be recorded in the notes section of the worksheets.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

## Tutor / Assessor Requirements

All tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor must be approved by Safety Training Awards and provide evidence of:

1. STA Level 2 Certificate in Teaching Swimming qualification (or acceptable equivalent)
  2. Hold a formal tutoring and assessing qualification
  3. Maintaining their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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## IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in swimming teaching as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. STA Level 2 Certificate in Teaching Swimming (or acceptable equivalent)
2. Attend a STA / IQA training day or hold a recognised internal quality assurance qualification.

Note: IQAs cannot quality assure a course for which they were a learner, the tutor and / or assessor.

## Resource Requirements

- STA Teaching Swimming Resource manual - A manual is required for learners to have access to theoretical and practical knowledge of the qualification
- A range of swimming teaching equipment:
  - Toys
  - Play rafts
  - Woggles
  - Floats
- In order to fulfil the practical requirements of this qualification, access to an appropriate swimming facility is required on each day of the course. The facility should meet the required temperature and depth requirements for teaching participants
- Access to participants of the correct ability during the practical sessions.

### Venue

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract learners from training
- Electrical items: When projectors and other electrical equipment are used, the equipment must be checked to ensure it is in safe working order. It is important to be aware of trip hazards associated with electric cables in order to reduce such risks.