



Qualification Specification

STA Level 3 Award in Paediatric First Aid

This qualification is regulated by Ofqual (England)

STA Level 3 Award in Paediatric First Aid

Qualification Number: 603/4156/7

Unit Structure

This qualification consists of 2 mandatory units

Unit Title	Code	Unit Level	GLH
Emergency Paediatric First Aid	R/617/4720	3	6
Managing Paediatric Illness, Injuries and Emergencies	Y/617/4721	3	6

GLH = Guided learning hours

Total Qualification Time 15 hours

Qualification Delivery

Minimum contact hours for this qualification is 12 hours which included direct teaching and assessing, but excludes breaks.

The course may be delivered over a minimum of 2 days, but can also be delivered over a maximum of a 7-week period, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

Introduction

The STA Award in Paediatric First Aid qualification aims to give learners the necessary knowledge, and practical competencies required to deal with a range of paediatric first aid situations.

Qualification Objective

The paediatric first aid qualification aims to enable learners who work or intend to work in a childcare setting, to have the skills, knowledge, understanding and ability to deal with emergency situations.

The range of skills covered includes first aid and resuscitation procedures for child and infant casualties. Learners will be able to recognise and manage childhood medical conditions, as well as being able to provide emergency treatment until the arrival of the emergency medical services.

Target Learners

For learners who are currently employed, or who wish to be employed in a childcare setting, including nursery nurses, pre-school teachers, teaching assistants and student teachers.

Progression

The STA Level 3 Award in Paediatric First Aid qualification enables learners to progress onto qualifications at the same level or above. It also allows industry professionals to maintain their continuous professional development and progress their careers.

Upon successful completion of this qualification learners may wish to pass on the knowledge and skills they have acquired through training as a first aid tutor / assessor.

Industry Standards

- Department for Education: Early Years Foundation Stage (EYFS)
- First Aid Awarding Organisation Forum Terms of Reference and Assessment Principles
- Resuscitation Council (UK) Guidelines
- Health and Social Care Board (NI)
- Childminding and Day Care for children Under Age 12 Minimum Standards
- Welsh Government: National Minimum Standards for Regulated Childcare for children up to the age of 12 years.

Entry Requirements

Learners must be 16 years of age or above on the first day of the course. It is advisable that learners have a minimum of level 1 in literacy or numeracy or equivalent.

Learners must be able to kneel on the floor to demonstrate CPR.

Special Considerations and Reasonable Adjustments

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

Awarding Organisation Policies

A full list of awarding organisation policies are available on the website:

<https://www.safetytrainingawards.co.uk>

Any Other Requirements / Revalidation Requirements

This qualification is valid for a period of 3 years. The learner needs to retake the qualification before the certificate expiry date to remain qualified.

Health and Safety Executive (HSE) strongly recommends that first aiders undertake annual refresher training during any three-year PFA certification period. This will help qualified first aiders maintain their basic skills and keep up-to-date with any changes to first aid procedures.

Assessment Format

Pass / Fail

Assessment Methods

This qualification is tutor assessed through practical demonstrations and completion of a multiple-choice theory assessment paper.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

The multiple-choice assessment paper is to be completed independently by each learner and completed under exam conditions, with the tutor or other approved person, acting as the invigilator. Learners must achieve a minimum mark or higher to successfully pass the multi-choice assessment paper.

All learning outcomes and assessment criteria in the units must be achieved in order for the learner to be deemed competent in order to pass the qualification.

Assessors will assess no more than 4 learners at any one time when performing practical demonstrations.

Please refer to the STA Paediatric First Aid Assessment Strategy document for the detailed assessment process.

Tutor / Assessor Requirements

All tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor must be approved by Safety Training Awards and provide evidence of:

1. A relevant vocational first aid qualification and / or experience as shown in Appendix 1
 2. A formal tutoring and assessing qualification as shown in Appendix 2. Tutors must maintain their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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IQA Requirements

Internal Quality Assurers of this qualification must have knowledge and competency in first aid as well as knowledge and competency in internal quality assurance.

An Internal Quality Assurer must hold:

1. A relevant vocational first aid qualification and / or experience as shown in Appendix 1
2. Attend a STA / IQA training day or hold a recognised internal quality assurance qualification.

Note: Internal Quality Assurers cannot quality assure a course for which they were a learner, the tutor and / or assessor.

Resource Requirements

Course resources:

STA Paediatric First Aid resource manual - Each learner is required to have their own copy of the resource manual to keep during and after the course, in order to have access to the theoretical knowledge of the qualification.

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'short sleeve' environment, minimum temperature 16°C
- Entrances / exits: Should be safe, well lit and DDA compliant
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract candidates from training.

Minimum requirements:

- Laptop
- PowerPoint presentation
- TV or other display method
- Child basic life support manikins - ratio of 1:4
- Infant basic life support manikins - ratio of 1:4
- Resuscitation face shield or pocket mask.
- First Aid Kit
- AED trainer
- Auto-injector training device.

Recommended:

- Choking training device (e.g choking vest / choking manikin)
- Dry wipe board
- Flipchart
- Blankets.

Training packs (recommended):

Each registered learner to have access to the following training items during the course:

- 1 triangular bandage
- 1 medium sized sterile dressing
- 1 pair of disposable gloves
- 1 individually wrapped sterile adhesive dressing
- 1 resuscitation ventilation aid.

Equipment Service and Maintenance

Ensure all electrical equipment is in safe working order, serviced and maintained in line with statutory requirements, such as Portable Appliance Testing (PAT) and Provision and Use of Work Equipment Regulations (PUWER).

Follow manufacturers guidance on regular cleaning, service and ongoing maintenance requirements for all course equipment.

Sufficient procedures must be in place to ensure hygiene during the use of resuscitation manikins and other training equipment.

It is important to be aware of the trip hazards associated with electric cables and reduce such risks.

Appendix 1

Technical competence in first aid

All Tutors, Assessors and Internal Quality Assurers must have occupational knowledge and competence in first aid.

Acceptable evidence includes:

- Holding a current First Aid at Work Certificate (issued by an Ofqual / SQA / Qualifications Wales recognised Awarding Organisation or equivalent)
- Current registration as a Doctor with the General Medical Council (GMC)
- Current registration as a Nurse with the Nursing and Midwifery Council (NMC)
- Current registration as a Paramedic with the Health and Care Professions Council (HCPC).

Appendix 2

Acceptable Tutoring / Assessing Qualifications

Qualification	Tutor	Assess*
Current qualifications (available for new tutors / assessors to undertake):		
Level 3 Award in Education and Training	✓	✓
Level 4 Certificate in Education and Training	✓	✓
Level 5 Diploma in Education and Training	✓	✓
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)	✓	✓
Cert Ed / PGCE / B Ed / M Ed	✓	✓
SVQ 3 Learning and Development SCQF Level 8	✓	✓
SVQ 4 Learning and Development SCQF Level 9	✓	✓
TQFE (Teaching Qualification for Further Education)	✓	✓
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)	✓	✓
SCQF Level 6 Award in Planning and Delivering Learning Sessions to Groups (SQA Accredited)	✓	✓
L&D Unit 6 Manage Learning and Development in Groups SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 7 Facilitate Individual Learning and Development SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)	✓	
Carry Out the Assessment Process SCQF Level 7 (SQA Unit)		✓
Level 3 Award in Assessing Competence in the Work Environment		✓
Level 3 Award in Assessing Vocationally Related Achievement		✓
Level 3 Award in Understanding the Principles and Practices of Assessment		✓
Level 3 Certificate in Assessing Vocational Achievement		✓
L&D Unit 9DI Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)		✓
L&D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)		✓

Other acceptable qualifications	Tutor	Assess*
CTLLS / DTLLS	✓	✓
PTLLS with unit 'Principles and Practice of Assessment' (12 credits)	✓	✓
Further and Adult Education Teacher's Certificate	✓	✓
IHCD Instructional Methods	✓	✓
IHCD Instructor Certificate	✓	✓
English National Board 998	✓	✓
Nursing mentorship qualifications	✓	✓
NOCN Tutor Assessor Award	✓	✓
S / NVQ level 3 in training and development	✓	
S / NVQ level 4 in training and development	✓	✓
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	✓
PDA Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	
PTLLS (6 credits)	✓	
Regulated Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS 6 Manage Learning and Development in Groups	✓	
Training Group A22, B22, C21, C23, C24	✓	
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)		✓
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence		✓
Conduct the Assessment Process SCQF Level 7 (SQA Unit)		✓
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance		✓
Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement		✓

Appendix 3

Qualifications suitable for Internal Quality Assurance

L&D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)
Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)
Regulated Qualifications based on the Learning and Development NOS 11 Internally Monitor and Maintain the Quality of Assessment
V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally Verify the Assessment Process
Internally Verify the Assessment Process SCQF Level 8 (SQA Unit)

Unit Specification

Unit Title	Emergency Paediatric First Aid	
Learning Outcomes	Assessment Criteria	
1. Understand the role and responsibilities of the paediatric first aider	1.1	Identify the role and responsibilities of a paediatric first aider
	1.2	Identify how to minimise the risk of infection to self and others
	1.3	Differentiate between an infant and a child for the purposes of first aid treatment
2. Be able to assess an emergency situation safely	2.1	Conduct a scene survey
	2.2	Conduct a primary survey on an infant and a child
	2.3	Summon appropriate assistance when necessary
3. Be able to provide first aid for an infant and a child who are unresponsive	3.1	Identify when to administer Cardiopulmonary Resuscitation (CPR) to an infant and a child
	3.2	Demonstrate CPR using an infant and a child manikin
	3.3	Identify when to place an infant or a child into the recovery position
	3.4	Demonstrate how to place an infant and a child into the recovery position
	3.5	Demonstrate continual monitoring of breathing for an infant and a child whilst they are in the recovery position
	3.6	Identify how to administer first aid to an infant or a child who is experiencing a seizure
4. Be able to provide first aid for an infant and a child who are choking	4.1	Identify when choking is: <ul style="list-style-type: none"> • Mild • Severe
	4.2	Demonstrate how to administer first aid to an infant and a child who is choking
5. Be able to provide first aid to an infant and a child with external bleeding	5.1	Identify whether external bleeding is life-threatening
	5.2	Demonstrate how to administer first aid to an infant or a child with external bleeding
6. Know how to provide first aid to an infant or a child who is suffering from shock	6.1	Recognise when an infant or a child is suffering from shock
	6.2	Identify how to administer first aid to an infant or a child who is suffering from shock
7. Know how to provide first aid to an infant or a child with bites, stings and minor injuries	7.1	Identify how to administer first aid for: <ul style="list-style-type: none"> • Bites • Stings • Small cuts • Grazes • Bumps and bruises • Small splinters • Nose bleeds

Unit Specification

Unit Title	Managing Paediatric Illness, Injuries and Emergencies	
Learning Outcomes	Assessment Criteria	
1. Be able to provide first aid to an infant or a child with suspected injuries to bones, muscles and joints	1.1	Recognise a suspected: <ul style="list-style-type: none"> • Fracture or dislocation • Sprain or strain
	1.2	Identify how to administer first aid for an infant or a child with a suspected: <ul style="list-style-type: none"> • Fracture or dislocation • Sprain or strain
	1.3	Demonstrate how to apply: <ul style="list-style-type: none"> • A support sling • An elevated sling
2. Be able to provide first aid to an infant or a child with suspected head and spinal injuries	2.1	Recognise a suspected: <ul style="list-style-type: none"> • Head injury • Spinal injury
	2.2	Identify how to administer first aid for an infant or a child with a suspected head injury
	2.3	Demonstrate how to administer first aid for an infant or a child with a suspected spinal injury
3. Know how to provide first aid to an infant and a child with conditions affecting the eyes, ears and nose	3.1	Identify how to administer first aid for an infant or child with a foreign body in the: <ul style="list-style-type: none"> • Eye • Ear • Nose
	3.2	Identify how to administer first aid for an infant or a child with an eye injury
4. Know how to provide first aid to an infant or a child with an acute medical condition or sudden illness	4.1	Recognise suspected: <ul style="list-style-type: none"> • Diabetic hypoglycaemic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions
	4.2	Identify how to administer first aid for an infant or a child who is suspected to be suffering from: <ul style="list-style-type: none"> • Diabetic hypoglycaemic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions
5. Know how to provide first aid to an infant or a child who is experiencing extremes of body temperature	5.1	Recognise when an infant or a child is suffering from: <ul style="list-style-type: none"> • Extreme cold • Extreme heat
	5.2	Identify how to administer first aid for an infant or a child who is suffering from: <ul style="list-style-type: none"> • Extreme cold • Extreme heat
6. Know how to provide first aid to an infant or a child who has sustained an electric shock	6.1	Identify how to safely manage an incident involving electricity
	6.2	Identify how to administer first aid for an infant or a child who has suffered an electric shock
7. Know how to provide first aid to an infant or a child with burns and scalds	7.1	Identify how to recognise the severity of burns and scalds
	7.2	Identify how to administer first aid for an infant or a child with burns and scalds
8. Know how to provide first aid to an infant or a child with suspected poisoning	8.1	Identify how poisonous substances can enter the body
	8.2	Identify how to administer first aid for an infant or a child with suspected sudden poisoning
9. Be able to provide first aid to an infant or a child with anaphylaxis	9.1	Recognise suspected anaphylaxis in an infant or a child
	9.2	Identify how to administer first aid for an infant or a child with suspected anaphylaxis
	9.3	Demonstrate the use of a 'training device' adrenaline auto-injector