

**Qualification Specification** 

# STA Level 3 Award in Paediatric First Aid



Version 17.3

# This qualification is regulated by Ofqual (England) and Qualifications Wales, and accredited by CCEA in Northern Ireland.

# STA Level 3 Award in Paediatric First Aid

Qualification Number: 603/1187/3

Credit Value: 2 Credits

## **Unit Structure**

This qualification consists of 2 mandatory units

Unit Title	Code	Credit Value	Unit Level	GLH	TQT
Emergency Paediatric First Aid	Y/615/5506	1	3	6	8
Managing Paediatric Illness, Injuries and Emergencies	D/615/5507	1	3	6	8

GLH = Guided learning hours TQT = Total qualification time

## **Qualification Delivery**

Minimum contact hours for this qualification is 12 hours which included direct teaching and assessing, but excludes breaks.

The course maybe run over 2-days, but can also be delivered over a minimum of a 3-week period, with the minimum of each training session being 2 hours.

The ratio for this qualification is a maximum of 12 learners to 1 Trainer / Assessor.

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## Introduction:

The paediatric first aid qualification aims to give learners the necessary skills and knowledge to deal with a range of emergencies involving children.

#### **Qualification Objective:**

The paediatric first aid qualification aims to enable learners who work or intend to work in a childcare setting, with the skills, knowledge, understanding and ability to deal with emergency situations.

The range of skills covered includes first aid and resuscitation procedures for child and infant casualties. Learners will be able to recognise and manage childhood medical conditions, as well as being able to provide emergency treatment until the arrival of the emergency medical services.

#### **Target Learners**

For those who are currently employed, or who wish to be employed in a childcare setting, including nursery nurses, pre-school teachers, teaching assistants and student teachers.

#### **Progression**

Upon successful completion of this qualification learners may wish to pass on the knowledge and skills they have acquired through training as a first aid tutor/assessor.

#### **Requalification Requirements**

This qualification is valid for a period of 3 years. The learner needs to retake the qualification before the certificate expiry date to remain qualified.

#### **Industry Standards**

Statutory framework for the Early Years Foundation Stage (EYFS) First Aid Awarding Organisation Forum Terms of Reference and Assessment Principles Resuscitation Council Guidelines 2015

## **Entry Requirements**

Learners must be 16 years of age or above on the first day of the course. It is advisable that learners have a minimum of level 1 in literacy or numeracy or equivalent.

Learners must be able to kneel on the floor to deliver CPR.

#### **Special Considerations and Reasonable Adjustments Policies**

STA have put measures in place for learners requiring additional support whilst undertaking STA courses.

For further information on these, please refer to the resources section on www. sta.co.uk; STA Special Considerations Policy https://www.sta.co.uk/ resources/ policies/special-consideration-policy/,

STA Reasonable Adjustments Policy https://www.sta.co.uk/resources/policies/ reasonable-adjustments-policy/

## **Grading Format**

Pass / Fail

## Association and Awarding Organisation Policies

A full list of association and awarding organisation policies are available on our website: www.sta.co.uk/resources/policies

#### **Assessment Methods**

This qualification is tutor assessed through the completion of worksheets and practical demonstrations.

Worksheets are to be completed independently by each learner, with the tutor acting as the invigilator.

Any incorrect worksheet answer will be addressed through oral supplementary questioning. All additional questions and responses must be recorded.

Assessors will assess no more than 4 learners at any one time when performing practical demonstrations.

All practical tasks must be performed independently by the learner without prompting by the tutor.

Please refer to the STA first aid assessment guidance document for the detailed assessment process.

#### **Tutor / Assessor Requirements**

All Tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each Tutor must be approved by Safety Training Awards and provide evidence of:

- 1. A relevant vocational first aid qualification and/or experience as shown in Appendix 1
- 2. A formal tutoring and assessing qualification as shown in Appendix 2 Tutors must maintain their technical competence within the subject area and provide evidence of continuing professional development (CPD).

#### **IQA Requirements**

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in first aid as well as knowledge and competency in internal quality assurance.

An IQA must hold:

- 1. A relevant vocational first aid qualification and/or experience as shown in Appendix 1
- 2. Internal quality assurance qualification as shown in Appendix 3

Note: IQAs cannot quality assure a course for which they were a learner, the tutor and / or assessor.

## **Resource Requirements**

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature  $16^\circ\text{C}$
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract candidates from training

Minimum requirements:

- Laptop
- PowerPoint presentation
- Projector
- STA resource manual per learner
- Child manikins ratio of 1:4
- Infant manikins ratio of 1:4
- First Aid Kit

Recommended:

- Dry wipe board
- Flipchart

## **Resource Requirements (continued)**

Recommended:

- Blankets
- Resuscitation face shield or pocket mask

Training packs (recommended):

Each registered learner to have access to the following training items during the course:

- 1 triangular bandage
- 1 medium sized sterile dressing
- 1 pair of disposable gloves
- 1 individually wrapped sterile adhesive dressing
- 1 resuscitation ventilation aid
- leye pad.

## **Equipment Service and Maintenance**

Ensure all electrical equipment is in safe working order, serviced and maintained in line with statutory requirements, such as Portable Appliance Test (PAT), Provision and Use of Work Equipment Regulations (PUWER).

Follow manufacturers guidance on regular in-service and ongoing maintenance requirements for all course equipment.

Sufficient procedures must be in place to ensure hygiene during the use of resuscitation manikins and other training equipment.

It is important to be aware of the trip hazards associated with electric cables and reduce such risks.

# **Unit Specification**

Ur	nit Title	Emergency Paediatric First Aid	
Ur	nit Aims	Purpose of the unit is for the learner to attain knowledge and practical competences required to deal with a range of paediatric first aid situations	
Le	arning Outcomes		Assessment Criteria
1.	Understand the role and responsibilities of the paediatric first aider	1.1 1.2 1.3 1.4 1.5 1.6	Explain the role and responsibilities of a paediatric first aider Explain how to minimise the risk of infection to self and others Identify when to use personal protection equipment when providing first aid Identify contents of a paediatric first aid kit Identify the need to complete an accident report/incident record Define an infant and a child for the purposes of first aid treatment
2.	Be able to assess an emergency situation safely	2.1 2.2 2.3	Conduct a scene survey Conduct a primary survey on an infant and a child Identify when to call for help
3.	Be able to provide first aid for an infant and a child who is unresponsive and breathing normally	3.1 3.2 3.3	Place an infant and a child in the recovery position Continually monitor an infant and a child whilst they are in the recovery position Assist an infant and a child who is experiencing a seizure
4.	Be able to provide first aid for an infant and a child who is unresponsive and not breathing normally	4.1 4.2	Identify when to administer Cardio Pulmonary Resuscitation (CPR) to an unresponsive infant and an unresponsive child who is not breathing normally Administer CPR using an infant and a child manikin
5.	Be able to provide first aid for an infant and a child who is choking	5.1 5.2	Identify when choking is: Mild Severe Administer First Aid to an infant and a child who is choking
6.	Be able to provide first aid to an infant and a child with external bleeding	6.1 6.2	Explain the types and severity of bleeding in infants and children Control external bleeding
7.	Be able to provide first aid to an infant and a child who is suffering from shock	7.1 7.2	Recognise an infant or a child who is suffering from hypovolaemic shock Administer First Aid to an infant or child who is suffering from hypovolaemic shock
8.	Understand how to administer first aid to an infant and a child with bites, stings and minor injuries	8.1	Explain how to administer first aid for: Bites Stings Small Cuts Grazes Bumps and Bruises Small Splinters Nose Bleeds

Additional information	Others may include: Infant or child receiving first aid Work colleagues Parents Carers Other people within the infant or child's environment Recovery Position: a position that maintains a stable open draining airway Not breathing normally: must include agonal gasps CPR must include: `correct placement of AED pads' and `follows AED instructions' Administer first aid: Provide appropriate help to a child or infant (baby), manage the situation and seek appropriate assistance when necessary Bites: human and animal bites Stings: bee and wasp stings
Simulation	Simulation is permitted in this unit.

# **Unit Specification**

Ur	nit Title	Ма	naging Paediatric Illness, Injuries and Emergencies
Un	it Aims		ose of the unit is for the learner to attain knowledge and practical petences required to deal with a range of paediatric first aid situations
Le	arning Outcomes		Assessment Criteria
1.	Be able to administer first aid to an infant and a child with a suspected fracture	1.1 1.2 1.3	Describe types of fractures Recognise suspected fractures Administer First Aid for suspected fractures
2.	Be able to administer first aid to an infant and a child with head, neck or back injury	2.1 2.2	<ul> <li>Describe how to recognise suspected:</li> <li>Head injury</li> <li>Neck or back injury</li> <li>Administer first aid for suspected:</li> <li>Head injury</li> <li>Neck or back injury</li> </ul>
3.	Understand how to administer first aid to an infant and a child with conditions affecting the eyes, ears and nose	3.1 3.3	<ul> <li>Explain how to administer first aid for an infant or child with a foreign body in the:</li> <li>Eye</li> <li>Ear</li> <li>Nose</li> <li>Explain how to administer first aid for an infant or child with an eye injury</li> </ul>
4.	Understand how to administer emer- gency first aid to infant and a child with an acute medical condition or sudden illness	4.1	<ul> <li>Describe how to recognise:</li> <li>Diabetic emergencies</li> <li>Asthma attack</li> <li>Meningitis</li> <li>Febrile Convulsions</li> <li>Explain how to administer first aid for an infant or child who is suffering from:</li> <li>Diabetic emergency</li> <li>Asthma attack</li> <li>Allergic reaction</li> <li>Meningitis</li> <li>Febrile Convulsions</li> </ul>
5.	Understand how to administer first aid to an infant and a child who is experiencing the effects of extreme heat and cold	5.1 5.2	<ul> <li>Describe how to recognise the effects of:</li> <li>Extreme cold</li> <li>Extreme heat</li> <li>Explain how to administer first aid for an infant or child who is suffering from the effects of:</li> <li>Extreme cold</li> <li>Extreme Heat</li> </ul>
6.	Understand how to administer first aid to an infant and a child who has sustained an electric shock	6.1 6.2	Explain how to safely manage an incident involving electricity Describe how to administer first aid for electric shock incidents
7.	Understand how to administer first aid to an infant and a child with burns or scalds	7.1 7.2	Describe how to recognise the severity of: • Burns • Scalds Explain how to administer first aid for: • Burns • Scalds
8.	Understand how to administer first aid to an infant and a child who has been poisoned	8.1 8.2	Identify how poisonous substances can enter the body Explain how to administer first aid for sudden poisoning
9.	Understand how to provide first aid to an infant or child with anaphylaxis	9.1 9.2 9.3	List common triggers for anaphylaxis Describe how to recognise anaphylaxis in an infant and a child Explain how to administer first aid for an infant and a child with anaphylaxis

	Types of Fracture: should include `green stick' fracture
	Administer first aid: Provide appropriate help to a child or infant (baby), manage the situation and seek appropriate assistance when necessary
	Foreign body: includes dust on the eye
Additional information	Poisonous substances may include:         Plants         Medication         Cleaning products         Food         Airborne pollutants         Drugs         Alcohol
Simulation	Simulation is permitted in this unit.

## **Appendix 1**

#### Occupational Knowledge and Competence in First Aid This may be evidenced by:

 Holding a qualification issued by an Ofqual/SQA Accreditation / Qualifications Wales/CCEA Regulation recognised Awarding Organisation/Body (or equivalent1) as follows:

Qualification delivered:	Minimum qualification to be held by the Trainer/Assessor/IQA/EQA: 1
First Aid at Work or Emergency First Aid at Work	First Aid at Work
Paediatric First Aid or Emergency Paediatric First Aid	Paediatric First Aid or First Aid at Work

#### Or

 Current registration as a Doctor with the General Medical Council (GMC)<sup>2</sup>

#### Or

 Current registration as a Nurse with the Nursing and Midwifery Council (NMC)<sup>2</sup>

#### Or

• Current registration as a Paramedic with the Health and Care Professions Council (HCPC)<sup>2</sup>.

<sup>1</sup> If the trainer /assessor /IQA /EQA holds a non-regulated first aid qualification the awarding organisation/body should undertake due diligence to ensure current occupational knowledge and competence.

<sup>2</sup> Registered healthcare professionals must act within their scope of practice and therefore have current expertise in first aid to teach / assess the subject.

# Appendix 2

## Acceptable Training / Assessing Qualifications

Qualification	Train	Assess*
CURRENT QUALIFICATIONS (available for new trainers/assessors to undertake):		
Level 3 Award in Education and Training	1	1
Level 4 Certificate in Education and Training	1	1
Level 5 Diploma in Education and Training	1	1
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)	1	1
Cert Ed/PGCE/B Ed/M Ed	1	1
SVQ 3 Learning and Development SCQF Level 8	1	1
SVQ 4 Learning and Development SCQF Level 9	1	1
TQFE (Teaching Qualification for Further Education)	1	1
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)	1	1
SCQF Level 6 Award in Planning and Delivering Learning Sessions to Groups (SQA Accredited)	1	1
L&D Unit 6 Manage Learning and Development in Groups SCQF Level 8 (SQA Accredited)	1	
L&D Unit 7 Facilitate Individual Learning and Development SCQF Level 8 (SQA Accredited)	1	
L&D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)	1	
Carry Out the Assessment Process SCQF Level 7 (SQA Unit)		1
Level 3 Award in Assessing Competence in the Work Environment		1
Level 3 Award in Assessing Vocationally Related Achievement		1
Level 3 Award in Understanding the Principles and Practices of Assessment		1
Level 3 Certificate in Assessing Vocational Achievement		1
L&D Unit 9DI Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)		1
L&D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)		1

OTHER ACCEPTABLE QUALIFICATIONS		
CTLLS/DTLLS	<ul> <li>✓</li> </ul>	1
PTLLS with unit `Principles and Practice of Assessment' (12 credits)	1	1
Further and Adult Education Teacher's Certificate	1	$\checkmark$
IHCD Instructional Methods	1	✓
IHCD Instructor Certificate	1	✓
English National Board 998	<ul> <li>✓</li> </ul>	$\checkmark$
Nursing mentorship qualifications	<ul> <li>✓</li> </ul>	$\checkmark$
NOCN Tutor Assessor Award	<ul> <li>✓</li> </ul>	✓
S/NVQ level 3 in training and development	<ul> <li>✓</li> </ul>	
S/NVQ level 4 in training and development	1	✓
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	<ul> <li>✓</li> </ul>	$\checkmark$
PDA Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	<ul> <li>✓</li> </ul>	
PTLLS (6 credits)	1	
Regulated Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS 6 Manage Learning and Development in Groups	1	
Training Group A22, B22, C21, C23, C24	<ul> <li>✓</li> </ul>	
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)		1
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence		1
Conduct the Assessment Process SCQF Level 7 (SQA Unit)		✓
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance		1
Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement		1

## **Appendix 3**

#### Qualifications suitable for Internal Quality Assurance

L&D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)

Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice

Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice

Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)

Regulated Qualifications based on the Learning and Development NOS 11 Internally Monitor and Maintain the Quality of Assessment

V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally Verify the Assessment Process

Internally Verify the Assessment Process SCQF Level 8 (SQA Unit)

**NOTE**: IQA's who do not hold a formal IQA qualification may alternatively attend Internal Quality Assurance CPD Training with an Awarding Organisation / Body.

## **Appendix 4**

#### Qualifications suitable for External Quality Assurance

L&D Unit 12 Externally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 9 (SQA Accredited)

Regulated qualifications based on the Learning and Development NOS 12 Externally Monitor and Maintain the Quality of Assessment

Level 4 Award in the External Quality Assurance of Assessment Processes and Practice

Level 4 Certificate in Leading the External Quality Assurance of Assessment Processes and Practice

Conduct External Verification of the Assessment Process SCQF Level 9 (SQA Unit)

V2 Conduct External Quality Assurance of the Assessment Process or D35 Externally Verify the Assessment Process

Externally Verify the Assessment Process SCQF Level 9 (SQA Unit)