

STA CPR and First Aid Update 2021



International Course Technical Notice

Following the Resuscitation Council updated 2021 guidelines, STA have updated the course resources manuals and course resources to reflect the new guidelines and industry standards.

Please ensure the updated resources are used from Monday 15th November 2021.

[A summary of changes for international courses can be found here](#)

Qualifications effected by the update:

- STA International Pool Lifeguard
- STA International Lifesaving Course for Swimming Teachers
- STA International First Aid at Work.

PowerPoints

The updated qualification PowerPoints are available now within STA Online. To help tutors, STA have created a mini-PowerPoint which just contains the updated slides. This means tutors can simply add the updated slides into their established PowerPoint. A full version of PowerPoint is also available to download.

Manuals

The updated e-manuals will be live within the STA Swim Shop from Wednesday 13th October 2021.

If you have any questions please do not hesitate to contact us.